

The following outlines the dates when various social and business restrictions and guidelines were published by HM Government. It aims to provide a reference point for what guidance was at any given time since the crisis began, and to give a top line overview of measures.

This information has been pulled together from various sources (including Government and various departments, NHS, Public Health England etc) and should be double checked against any set of particular facts. The hyperlinks to the announcements should assist, but because they are regularly updated, it is not always easy to ascertain the date of the first announcement.

Further guidance has been provided by various regulators such as the HSE (PPE, lone working, RIDDOR reporting, construction sites) and CQC. They generally take the lead from government guidance and can be found on their respective websites.

For more information please contact your Client Account Manager or our Head of Crime and Regulatory:

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<p>13 January 2020 Situation being monitored. UK risk assessment - very low. Travel advice given on government web sites.</p> <p>20 January 2020 Cases now outside China. Same travel advice applies.</p> <p>22 January 2020 Public Health England (PHE) raises risk from very low to low. Travel advice plus monitoring of arrivals on flights from Wuhan.</p> <p>28 January 2020 Foreign office advises against all but essential travel to Mainland China</p> <p>First UK cases confirmed - risk raised from low to moderate. Travel advice only.</p> <p>2 February 2020 Coronavirus public information campaign launched across the UK</p> <p>Advertising campaign launched to encourage Britons to:</p> <ul style="list-style-type: none"> + Always carry tissues and use them to catch coughs and sneezes, and bin the tissue + Wash hands with soap and water, or use sanitiser gel, to kill germs <p>7 February 2020 Updated advice for returning travellers from China</p> <ul style="list-style-type: none"> + Returning travellers from Hubei Province advised to stay indoors, regardless of symptoms + Returning travellers from a host of other countries who develop symptoms to stay at home <p>10 February 2020 New regulations provide health professionals with power "to keep individuals in isolation where [they] believe there is a reasonable risk an individual may have the virus".</p>	<p>25 February 2020 COVID-19 declared an imminent threat to public health</p> <ul style="list-style-type: none"> + Health Secretary designates certain hospitals "isolation" zones and Hubei province as an "infected area" under changes to regulation. <p>COVID-19: guidance for employees, employers and businesses</p> <ul style="list-style-type: none"> + First guidance published assisting businesses and employers in providing advice to their staff on stopping the spread of coronavirus, and confirming their eligibility for sick pay. Updated. <p>Guidance for social or community care and residential settings on COVID-19 (withdrawn 13 March 2020)</p> <p>1 March 2020 Health Secretary sets out government 'battle plan' for COVID-19</p> <ul style="list-style-type: none"> + Every government department to have a designated ministerial virus lead to help oversee government response to the global threat of COVID-19 + Cross-government 'war room' of communications experts and scientists also set up ahead of public information blitz in coming weeks + Further COBRs planned this week, with ministerial COBR meetings upgraded to be held more frequently, if required <p>3 March 2020 COVID-19 action plan launched</p> <p>Document published outlining:</p> <ul style="list-style-type: none"> + the government's plans to contain the spread of the virus + how action will develop as the virus spreads + what people can do to protect themselves and their families 	<p>5 March 2020 COVID-19 added to list of notifiable diseases</p> <ul style="list-style-type: none"> + A statutory instrument was laid adding to the Health Protection (Notification) Regulations 2010. <p>11 March 2020 COVID-19 declared pandemic</p> <p>Budget Speech to tackle Coronavirus and level up the country given</p> <p>12 March 2020 Risk moves from moderate to high.</p> <p>Government moves from contain to delay phase</p> <ul style="list-style-type: none"> + Government officially moves to delay phase and warns of social distancing measures to come <p>Stay at home: guidance for households with possible coronavirus (COVID-19) infection</p> <ul style="list-style-type: none"> + If you live at home and develop symptoms, stay at home for at least 7 days <p>Government advises schools and colleges to cancel overseas trips</p> <ul style="list-style-type: none"> + Schools and colleges are being advised against all overseas trips for children under 18 until further notice <p>Over 70s and at risk Brits advised against travelling on cruise ships</p> <ul style="list-style-type: none"> + British nationals aged 70 and over, and those with underlying health conditions like chronic diseases and diabetes, are advised not to travel on cruise ships <p>13 March 2020 Suspension of non-urgent NHS services including non-urgent outpatient appointments and surgical procedures</p>	<p>15 March 2020 Prime Minister announces daily press conference</p> <p>The next phase of the awareness campaign - visiting NHS.uk/coronavirus to check symptoms and follow the medical advice, rather than visiting GP. It also urges people with any symptoms to avoid contact with older and more vulnerable people. Urge people to visit the 111 website rather than calling.</p> <p>16 March 2020 Government publishes updated COVID-19 industry guidance</p> <p>The Public Health England (PHE) guidance provides important information for specific sectors, including schools and transport, on what precautions to take, what to do if someone develops symptoms and how to limit the spread of the virus.</p> <p>Prime Minister updated advice that if anybody in household has a new continued cough or high temperature the whole household should self-isolate for 14 days. All non-essential contact and unnecessary travel should stop and people should work from home where possible. States the UK government will no longer be supporting mass gatherings with emergency workers. This social distancing is particularly important for those over 70 years old, pregnant women and those with some health conditions.</p> <p>17 March 2020 New guidance for households with possible COVID-19 infection</p> <ul style="list-style-type: none"> + Guidance updated to suggest you stay at home for 14 days if someone in your household has symptoms of COVID-19 <p>New Government structures developed to tackle COVID-19</p> <ul style="list-style-type: none"> + Four new implementation committees focusing on health, public sector preparedness, economy and international response, feeding 	<p>into a new daily C-19 meeting, which will be chaired by the Prime Minister.</p> <p>Chancellor announces further support to business</p> <ul style="list-style-type: none"> + Unlimited loans and guarantees to support firms and help them manage cashflows through this period. The Chancellor will make available an initial £330 billion of guarantees - equivalent to 15% of UK GDP. <p>Foreign Secretary issues guidance on all non-essential travel</p> <ul style="list-style-type: none"> + 30-day period begins of advising against all non-essential travel <p>Coronavirus Bill introduced to Parliament</p> <p>New measures developed in five areas:</p> <ul style="list-style-type: none"> + containing and slowing the virus + easing legislative and regulatory requirements + enhancing capacity and the flexible deployment of staff across essential services + managing the deceased in a dignified way + supporting and protecting the public to do the right thing and follow public health advice <p>18 March 2020 Off-payroll working rules reforms delayed until 2021</p> <ul style="list-style-type: none"> + Implementation set back 12 months <p>20 March 2020 Schools close. Forced closure of some businesses. Prime Minister states: the government are telling cafes, pubs, bars, restaurants, nightclubs, theatres, cinemas, gyms and leisure centres to close tonight.</p> <p>Online service launched providing proof of absence from work through COVID-19</p> <ul style="list-style-type: none"> + Service launched online so 	<p>that people who are absent from work for more than 7 days with COVID-19 no longer have to visit a GP.</p> <p>Further measures of business support outlined</p> <ul style="list-style-type: none"> + Government urges up to 1.5 million people in England who face the highest risk of being hospitalised by the virus to shield themselves and stay at home + People with specific underlying health conditions, including some being treated for cancer, will be contacted by the NHS this week + Plans also unveiled to deliver groceries and medicines for those most at risk from the virus where needed <p>21 March 2020 Regulations to close the following businesses come into force: restaurants (including restaurants and dining rooms in hotels and members clubs); cafes (except those in hospitals, care homes or schools, prisons or those connected to the armed forces); bars, public houses, cinemas, theatres, nightclubs, bingo halls, concert halls, museums and galleries, casinos, betting shops, spas and massage parlours.</p> <p>22 March 2020 Guidance published on essential travel</p> <ul style="list-style-type: none"> + Guidance developed warning people not to travel unless essential, including to second homes, and encouraging everyone to remain in their primary residence <p>New regulations on business closure published</p> <ul style="list-style-type: none"> + Restaurants, cafes and bars ordered not to serve goods to be consumed on the premises + Pubs, cinemas, theatres etc 	<p>ordered to be closed</p> <p>23 March 2020 Prime Minister announces lockdown measures</p> <ul style="list-style-type: none"> + Citizens told to leave their house only for one form of exercise per day, or for essential work or supplies. <p>Ban on evictions of commercial tenants who miss rent payments</p> <ul style="list-style-type: none"> + Commercial tenants who cannot pay their rent because of coronavirus will be protected from eviction. <p>Foreign Secretary advises all British travellers to return to UK.</p> <p>25 March 2020 Guidance for food businesses</p> <ul style="list-style-type: none"> + Guidance for food businesses on coronavirus published (includes advice to supermarkets). <p>26 March 2020 Measures unveiled for self-employed workers</p> <ul style="list-style-type: none"> + Government scheme to employees extended to self-employed workers. <p>30 March 2020 Guidance on social distancing updated</p> <p>2 April 2020 New PPE guidance for NHS teams</p> <ul style="list-style-type: none"> + Updated guidance on PPE for health and social care workers which applies across the UK published <p>3 April 2020 Government business support scheme extended</p> <ul style="list-style-type: none"> + Business interruption loans for small businesses improved and new scheme for larger companies
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<p>5 April 2020 Updated PPE guidance issued</p> <ul style="list-style-type: none"> + Revised guidance concerning use of PPE by health and social care workers, in the context of the current COVID-19 pandemic. 	<p>Being clear who needs PPE and when, and who does not, based on UK clinical expertise and WHO standards. This will ensure workers on the frontline are able to do their jobs safely, while making sure PPE is only used when clinically necessary and isn't wasted or stockpiled.</p>	<p>23 April 2020 Support for the bereaved</p> <ul style="list-style-type: none"> + Information to help bereaved families, friends or next of kin <p>Stepping down of infection control and discharging covid-19 patients</p> <ul style="list-style-type: none"> + Advice on appropriate infection prevention and control precautions for patients recovering or recovered from COVID-19 and remaining in hospital, or being discharged to their own home or residential care. Link to DHSC adult social care plan and care home guidance. 	<p>Reuse of medicines in a care home or hospice</p> <ul style="list-style-type: none"> + Standard operating procedure on how to run a safe and effective medicines reuse scheme in a care home or hospice during the coronavirus outbreak. 	<p>New guidance launched to help get people safely back to work</p> <ul style="list-style-type: none"> + Practical guidance to make workplaces as safe as possible. Covers 8 workplace settings from outdoor environments and construction sites to factories and takeaways. Employers will need to carry out Covid-19 risk assessments to establish what guidelines to put in place. Extra £14m made available to HSE for extra call centre employees, inspectors and equipment. 	<p>any applicable legislation (including health and safety legislation) and guidance, the applicable legislation shall prevail.</p> <p>Support for care homes</p> <ul style="list-style-type: none"> + A plan which focuses on how to prevent and control COVID-19 in all registered care homes. The document sets out the steps that must now be taken to keep people in care homes safe, and the support that will be brought together across national and local government to help care providers put this into practice. Includes PPE, stepping up NHS clinical support (named clinical lead for each English care home), comprehensive testing, oversight and compliance (local authorities must conduct a daily review of care homes in their area), building the workforce and funding (£600m infection control fund). 	<p>of people in care homes</p> <ul style="list-style-type: none"> + Guidance updated to add a loss of, or change in, normal sense of smell or taste (anosmia) as a symptom of coronavirus. 	<p>30 May 2020 Guidance for the public, providers of outdoor sport facilities, elite athletes, personal trainers and coaches on the phased return of sport and recreation.</p>
<p>8 April 2020 Employer information: Social distancing</p> <ul style="list-style-type: none"> + Guidance for employers on how to practice social distancing in the workplace, tailored by sector. <p>Updated infection prevention and control guidance for health and social care settings</p> <ul style="list-style-type: none"> + Guidance recommends the safest level of PPE to protect healthcare workers and specifies the type of PPE that should be worn in various healthcare and non-healthcare settings. 	<p>16 April 2020 Letter to construction sector</p> <ul style="list-style-type: none"> + Government letters to various sectors including construction sector with link to CLC site operating procedures during covid-19 	<p>24 April 2020 Getting tested</p> <ul style="list-style-type: none"> + Guidance on coronavirus testing for essential workers who are self-isolating. Lists essential workers and those prioritised for testing. 	<p>4 May 2020 Social distancing in the workplace during coronavirus</p> <ul style="list-style-type: none"> + Sector guidance for employers on social distancing - includes retail, manufacturing, construction, waste management, transport and other sectors. 	<p>Health and wellbeing of the adult social care workforce</p> <ul style="list-style-type: none"> + Advice for those working in adult social care on managing mental health and how employers can take care of the wellbeing of their staff during the coronavirus outbreak. 	<p>Support for care homes</p> <ul style="list-style-type: none"> + A plan which focuses on how to prevent and control COVID-19 in all registered care homes. The document sets out the steps that must now be taken to keep people in care homes safe, and the support that will be brought together across national and local government to help care providers put this into practice. Includes PPE, stepping up NHS clinical support (named clinical lead for each English care home), comprehensive testing, oversight and compliance (local authorities must conduct a daily review of care homes in their area), building the workforce and funding (£600m infection control fund). 	<p>20 May 2020 Updated guidance on requirements for discharging covid-19 patients to nursing homes and residential homes</p>	<p>1 June 2020 Updated guidance on getting tested</p> <ul style="list-style-type: none"> + Guidance on how to test care home residents and workers; information on testing kits and who can be tested <p>Updated general coronavirus guidance for health and social care settings, other non-clinical settings, and for the general public</p>
<p>12 April 2020 Updated guidance on infection prevention and control</p> <ul style="list-style-type: none"> + Guidance on appropriate PPE for health and social care workers. This has been written and reviewed by all 4 UK public health bodies, informed by NHS infection prevention control experts and is consistent with World Health Organization guidance. 	<p>17 April 2020 How to work safely in care homes</p> <ul style="list-style-type: none"> + Guidance includes whether need for PPE, FAQ on use of PPE in care homes, correct use of PPE. <p>Temporary relaxation of drivers' hours rules</p> <ul style="list-style-type: none"> + Temporary relaxation of the EU and GB drivers' hours rules for drivers carrying goods by road. Apply from 23.3.20 until 31.5.20. Not limited to specific sectors or journeys. 	<p>27 April 2020 Updated adult social care guidance</p> <ul style="list-style-type: none"> + Added 'COVID-19: how to work safely in domiciliary care'. <p>New guarantee on death in service benefits for frontline health and care staff during pandemic</p> <ul style="list-style-type: none"> + The families of health and care workers who die from coronavirus in the course of their essential frontline work will receive a lump sum payment of £60,000. 	<p>6 May 2020 Dedicated app for social care workers launched</p> <ul style="list-style-type: none"> + A app for the adult social care workforce in England has been launched to support staff. It provides access to guidance, learning resources and will unite 1.5 million care workers across 18,000 care providers. 	<p>How to wear and make a cloth face covering</p>	<p>Updated guidance for employers and businesses on symptoms of coronavirus</p> <ul style="list-style-type: none"> + The most important symptoms of coronavirus, in addition to a new continuous cough and high temperature, now include a loss of, or change in, your normal sense of taste or smell (anosmia). People should self-isolate immediately if they have any of these symptoms. 	<p>21 May 2020 Government to offer antibody tests to health and social care staff and patients in England</p>	<p>2 June 2020 Legionnaires' disease: national surveillance scheme reporting form updated to include covid-19</p> <p>Management of staff and exposed patients or residents in health and social care settings</p> <ul style="list-style-type: none"> + Updated guidance for staff who are notified through test and trace that they are a contact of a confirmed case; risk assessment for staff exposures in the workplace - should be undertaken to consider if any breach of PPE and if significant or close contact without PPE, worker should remain off for 14 days.
<p>15 April 2020 Action plan for adult social care</p> <ul style="list-style-type: none"> + Government publishes plan for adult social care sector to control spread of infection, support the workforce, support independence and end of life care and support local authorities and providers of care. <p>Coronavirus (COVID-19): social care guidance</p> <ul style="list-style-type: none"> + Brings together coronavirus guidance published for the social care sector and other relevant guidance <p>COVID PPE plan</p> <ul style="list-style-type: none"> + Plan on guidance, distribution and future supply of PPE. 	<p>18 April 2020 Social care guidance</p> <ul style="list-style-type: none"> + Brings together latest covid-19 guidance for social care sector <p>Updated PPE guidance</p> <ul style="list-style-type: none"> + Covers health and social care settings (sectors most at risk - clear guidance on PPE published) and other sectors (based on current evidence there is very little scientific evidence of widespread benefit from PPE). 	<p>28 April 2020 Further expansion of access to coronavirus testing helps protect the most vulnerable</p> <ul style="list-style-type: none"> + NHS staff, care home staff and care home residents will be eligible for testing whether or not they have symptoms. Anyone in England with coronavirus symptoms who either has to leave home to go to work or is aged 65 and over will now also be able to get tested. 	<p>9 May 2020 Press release: NHS and social care staff in the UK are set to receive millions of items of personal protective equipment over the coming months thanks to new collaborations with a number of organisations.</p>	<p>12 May 2020 Transport and travel guidance</p> <ul style="list-style-type: none"> + Guidance for people working in the transport sector to include transport operators and workers, bus and lorry drivers, freight, bus and road transport businesses, maritime and shipping. 	<p>Updated guidance for employers and businesses on symptoms of coronavirus</p> <ul style="list-style-type: none"> + The most important symptoms of coronavirus, in addition to a new continuous cough and high temperature, now include a loss of, or change in, your normal sense of taste or smell (anosmia). People should self-isolate immediately if they have any of these symptoms. 	<p>22 May 2020 Second episodes of symptoms in health and social care settings require isolation and repeat testing</p> <p>Guidance for those providing personal care to people living in their own home during the coronavirus outbreak</p>	<p>3 June 2020 Guidance for trustees on what matters may need to be reported as a serious incident during the coronavirus pandemic</p>
<p>15 April 2020 Action plan for adult social care</p> <ul style="list-style-type: none"> + Government publishes plan for adult social care sector to control spread of infection, support the workforce, support independence and end of life care and support local authorities and providers of care. <p>Coronavirus (COVID-19): social care guidance</p> <ul style="list-style-type: none"> + Brings together coronavirus guidance published for the social care sector and other relevant guidance <p>COVID PPE plan</p> <ul style="list-style-type: none"> + Plan on guidance, distribution and future supply of PPE. 	<p>18 April 2020 Social care guidance</p> <ul style="list-style-type: none"> + Brings together latest covid-19 guidance for social care sector <p>Updated PPE guidance</p> <ul style="list-style-type: none"> + Covers health and social care settings (sectors most at risk - clear guidance on PPE published) and other sectors (based on current evidence there is very little scientific evidence of widespread benefit from PPE). 	<p>28 April 2020 Further expansion of access to coronavirus testing helps protect the most vulnerable</p> <ul style="list-style-type: none"> + NHS staff, care home staff and care home residents will be eligible for testing whether or not they have symptoms. Anyone in England with coronavirus symptoms who either has to leave home to go to work or is aged 65 and over will now also be able to get tested. 	<p>10 May 2020 PM address to nation - conditional plan to reopen society announced</p>	<p>14 May 2020 Housebuilders charter for safe working practice</p> <ul style="list-style-type: none"> + Charter has been launched to enable housebuilders to make a common commitment to operate in line with government safe working guidance. Signatories to the Charter have publicly committed to safe working practices in accordance with government and Construction Leadership Council guidance. 	<p>Updated guidance for employers and businesses on symptoms of coronavirus</p> <ul style="list-style-type: none"> + The most important symptoms of coronavirus, in addition to a new continuous cough and high temperature, now include a loss of, or change in, your normal sense of taste or smell (anosmia). People should self-isolate immediately if they have any of these symptoms. 	<p>27 May 2020 NHS test and trace workplace guidance for employers, business and workers</p> <p>Updated guidance on providing MOT tests during the coronavirus outbreak, including how to limit the spread of coronavirus.</p>	<p>4 June 2020 Face coverings will be required on public transport from 15 June 2020 but people should continue to avoid public transport wherever possible</p>
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<p>15 April 2020 Action plan for adult social care</p> <ul style="list-style-type: none"> + Government publishes plan for adult social care sector to control spread of infection, support the workforce, support independence and end of life care and support local authorities and providers of care. <p>Coronavirus (COVID-19): social care guidance</p> <ul style="list-style-type: none"> + Brings together coronavirus guidance published for the social care sector and other relevant guidance <p>COVID PPE plan</p> <ul style="list-style-type: none"> + Plan on guidance, distribution and future supply of PPE. 	<p>18 April 2020 Social care guidance</p> <ul style="list-style-type: none"> + Brings together latest covid-19 guidance for social care sector <p>Updated PPE guidance</p> <ul style="list-style-type: none"> + Covers health and social care settings (sectors most at risk - clear guidance on PPE published) and other sectors (based on current evidence there is very little scientific evidence of widespread benefit from PPE). 	<p>28 April 2020 Further expansion of access to coronavirus testing helps protect the most vulnerable</p> <ul style="list-style-type: none"> + NHS staff, care home staff and care home residents will be eligible for testing whether or not they have symptoms. Anyone in England with coronavirus symptoms who either has to leave home to go to work or is aged 65 and over will now also be able to get tested. 	<p>11 May 2020 Government's Covid-19 recovery strategy</p> <ul style="list-style-type: none"> + Roadmap for how and when the UK will adjust its response to the Covid-19 crisis is published <p>New portal for care homes to arrange coronavirus testing</p> <ul style="list-style-type: none"> + All care home staff and residents are now eligible for testing with priority for those in homes that look after the over-65s. 	<p>15 May 2020 Updated guidance for employees, employers and businesses</p> <ul style="list-style-type: none"> + Government update guidance to state that guidance is of a general nature and should be treated as a guide, and in the event of any conflict between 	<p>Updated guidance for employers and businesses on symptoms of coronavirus</p> <ul style="list-style-type: none"> + The most important symptoms of coronavirus, in addition to a new continuous cough and high temperature, now include a loss of, or change in, your normal sense of taste or smell (anosmia). People should self-isolate immediately if they have any of these symptoms. 	<p>29 May 2020 Updated guidance for health and social care staff who are caring for, or treating, a person who lacks the relevant mental capacity.</p> <p>Publication of the minutes from the Scientific Advisory Group for Emergencies (SAGE) meetings 1 to 34, up until the beginning of May.</p>	<p>4 June 2020 Face coverings will be required on public transport from 15 June 2020 but people should continue to avoid public transport wherever possible</p>



<p>4 November 2020 New guidance to support safe care home visits during lockdown</p>	<p>visiting and the need for individual risk assessments.</p>	<p>20 December 2020 New tier 4 imposed – residents must stay at home and avoid travel outside tier 4.</p>	<p>workplace testing programme.</p>	<p>12 April 2021 Non-essential retail, personal care facilities, indoor sports and leisure facilities, self-contained holiday accommodation, outdoor hospitality venues, outdoor attractions and public buildings may reopen.</p>	<p>16 June 2021 Everyone working in CQC registered care homes from October 2021 must be fully vaccinated with both doses under new law (subject to Parliamentary approval) to protect residents.</p>	<p>4 August 2021 From 11 November 2021, anyone working or volunteering in a care home will need to be fully vaccinated against COVID-19, unless exempt.</p>	<p>30 November 2021 Booster jabs – those over 18 eligible and dosing gap reduced from 6 to 3 months.</p>
<p>23 November 2020 Government publish 'Winter Plan for managing COVID-19 through the winter.'</p> <p>+The plan presents a programme for suppressing the virus, protecting the NHS and the vulnerable, keeping education and the economy going and providing a route back to normality. The plan sets out the Government's approach to ending the national restrictions on 2 December.</p>	<p>2 December 2020 UK medicines regulator gives approval for first UK COVID-19 vaccine</p>	<p>21 December 2020 Working safety during coronavirus - updated guidance on local restriction tiers and protecting people who are at higher risk. Clinically extremely vulnerable individuals are strongly advised to work from home if they're in Tier 4.</p>	<p>8 March 2021 Lockdown rules change to allow recreation with one other person outside, face to face education and wraparound childcare. Rules on visiting care homes changed to allow regular indoor visits for a single named visitor.</p>	<p>28 April 2021 Visiting arrangements in care homes guidance corrected to reflect that named visitors should be tested using rapid LFTs on the day of every visit.</p>	<p>17 June 2021 Visiting arrangements in care homes updated to reflect that care home residents should isolate following a visit only where it includes an overnight stay in hospital, or is deemed high-risk following an individual risk assessment; residents no longer should isolate on admission into the care home from the community</p>	<p>9 August 2021 Steps to take following the death of a person who worked in adult social care in England. Guidance update to add details of a life assurance scheme for eligible frontline health and care workers who die from coronavirus contracted in the course of their frontline essential work.</p>	<p>Face coverings compulsory in shops and on public transport; all contacts of suspected Omicron cases must self-isolate, regardless of their age or vaccination status.</p>
<p>26 November 2020 Government announce new tier restrictions and guidance from 2.12.20</p>	<p>7 December 2020 COVID-19 vaccination: guide for healthcare workers published</p> <p>+All frontline health and social care workers are being offered the COVID-19 vaccine which will help protect them against the COVID-19 disease.</p>	<p>30 December 2020 Oxford University/Astra Zeneca vaccine authorised by UK medicines regulator</p>	<p>24 March 2021 Testing guidance published on how to access test kits and how to use PCR and rapid lateral flow test kits for regular and outbreak testing of care home residents and staff.</p>	<p>17 May 2021 Restrictions eased – includes gathering limits eased; new guidance on meeting family and friends; indoor entertainment opens; indoor hospitality can reopen; all holiday accommodation can open; rules for care home residents changed; international travel permitted</p>	<p>18 June 2021 Updated guidance on admission and care of people in care homes</p>	<p>16 August 2021 Self-isolation removed for double-jabbed close contacts.</p>	<p>Working safely during coronavirus updated to reflect new measures due to Omicron variant. Face coverings; contacts to self-isolate.</p>
<p>1 December 2020 Government publish "easy read" adult social care risk reduction framework.</p> <p>+Guidance re-iterates that an adult social care employer should have a process in place to assess and reduce risk for everyone in their care, regardless of characteristics or vulnerabilities. This should include the risk to the people who use the service, considering any individual characteristics which may put them at increased risk; the risk in the workplace, which should include travel to and from, and travel between workplaces and the risk to workers, including volunteers, considering any individual characteristics which may put them at increased risk.</p>	<p>COVID-19 vaccination consent forms and letter templates for social care staff, healthcare workers and care home residents published and available online.</p>	<p>4 January 2021 National lockdown announced. You must not leave, or be outside of your home except where necessary.</p>	<p>28 March 2021 All employers to be able to offer their employees free, rapid and regular testing that can be taken at home.</p> <p>If you are an employer that requires staff to travel regularly across UK borders you must take reasonable steps to facilitate your employees to take tests.</p>	<p>4 June 2021 Admission and care of people in care homes – guidance updated to reflect the change in procedure of reporting COVID-19 cases and outbreak management in care homes. HPT and PHE to be informed of a single possible or confirmed case. Outbreak is two or more confirmed cases. Stop visiting if outbreak.</p>	<p>21 June 2021 Restrictions change – including weddings and civil partnerships; care home visits; large events piloted from 21 June</p>	<p>20 September 2021 First invitations sent out for booster jabs.</p>	<p>1 December 2021 Infection control precautions for discharge to home or residential settings updated due to Omicron variant.</p>
<p>Updated guidance as to how care homes can support families and visitors to visit residents from 2 December</p> <p>Guidance on how care homes can support residents of working age on visits outside of the care home. Sets out how such visits can take place, the role of the provider in supporting outward</p>	<p>8 December 2020 Guidance published about how care homes and visitors can prepare for visitor testing with lateral flow devices. Care homes are responsible for reviewing this testing guidance to prepare staff, residents and visitors for the testing and visiting process.</p>	<p>2 February 2021 Advice for everyone to help stop the spread of Covid-19 – also added to health and social care guidance</p>	<p>29 March 2021 Restrictions - rules change: Rule of six re-introduced for outdoors group</p>	<p>9 June 2021 Updated PPE guidance for community and social care settings including care homes</p> <p>PPE guidance for those working in care home – putting on and removing PPE; taking off PPE</p>	<p>29 June 2021 Consultation on movement of staff between settings concludes. Government to introduce legislation to temporarily restrict the movement of staff providing personal care or nursing care.</p>	<p>23 November 2021 Restricting workforce movement between care homes and other care settings. Revised guidance describing circumstances in which staff movement may be cautiously permitted to plan for capacity concerns and to ensure continuity of care.</p>	<p>8 December 2021 Government announce move to plan B in England which includes work from home if you can; face masks compulsory in most public indoor venues; NHS covid pass required in specific settings</p>
<p>Guidance on how care homes can support residents of working age on visits outside of the care home. Sets out how such visits can take place, the role of the provider in supporting outward</p>	<p>14 December 2020 Self-isolation period is now 10 days instead of 14.</p>	<p>15 February 2021 New testing and quarantine rules in force for anyone allowed to enter England</p>	<p>1 April 2021 Clinically extremely vulnerable people in England informed they are no longer advised to shield</p>	<p>14 June 2021 Government pause step 4 openings until 19 July 2021 and accelerate vaccination programme</p>	<p>14 July 2021 Working safely during coronavirus – guidance from step 4 (19 July). Advice on sensible precautions employers can take to manage risk and support their staff and customers.</p>	<p>25 November 2021 Booster jabs – those over 40 eligible.</p>	<p>14 December 2021 Update to visiting arrangements in care homes</p> <p>+New restrictions on care home visiting due to the new Omicron variant of COVID-19: reducing the number of visitors each care home resident can receive to 3 (not including essential care givers or preschool age children), requiring testing or self-isolation following visits out of the care home, and changing testing arrangements for staff and essential caregivers.</p>
<p>Guidance on how care homes can support residents of working age on visits outside of the care home. Sets out how such visits can take place, the role of the provider in supporting outward</p>	<p>16 December 2020 Guidance on the designated settings scheme for people discharged from hospital to a care home with a positive coronavirus test</p> <p>+Sets out advice on setting up designated settings, and information for local authorities and providers; information on discharge arrangements, and supporting individuals to ensure that their care needs and preferences are accounted for; additional advice on data collection, funding, visiting, and infection prevention and control requirements.</p>	<p>22 February 2021 Government publish road map for cautiously easing Covid restrictions</p>	<p>6 April 2021 Updated guidance for those working in care homes. Introduced recommendations to change PPE after each episode of personal care, and new recommendations around use of eye protection when delivering personal care within 2 metres.</p>	<p>19 July 2021 Government move to step 4 of roadmap – many restrictions lifted and five point plan introduced to manage the virus in the next phase.</p>	<p>27 November 2021 New measures announced as Omicron variant identified in UK. Include face coverings to be made compulsory in shops and on public transport from 30 November.</p>	<p>15 December 2021 Requirement to show NHS COVID Pass at nightclubs, some venues and large events to show fully vaccinated, negative test result in the last 48 hours, or exemption.</p>	

- 22 December 2021**
10 day self-isolation period reduced to 7 days following negative LFD tests on day 6 and 7
- 11 January 2022**
Requirement removed for people testing positive on an LFD test to have a confirmatory PCR test
- 17 January 2022**
People with COVID-19 in England can end their self-isolation after five full days, as long as they test negative on day 5 and day 6
- 19 January 2022**
Measures put in place under Plan B in England to be lifted including ask to work from home; from 27 January there is no longer a legal requirement to wear a face covering; venues and events will no longer be required by law to check visitors' NHS COVID Pass.
- 31 January 2022**
Government announce its intention to revoke the regulations making vaccines a condition of deployment for health and social care staff, subject to parliamentary process.
- 21 February 2022**
Government publish plan for living with Covid-19
- 24 February 2022**
Last domestic restrictions removed including - remove requirement to self-isolate following positive test and daily testing for those under 18 who are fully vaccinated and close contacts.
- 1 March 2022**
Government announce they are to revoke vaccination as a condition of deployment in all health and social care settings.
- 31 March 2022**
New guidance published to support the response to COVID-19. Applies to adult social care settings and services in England from 4 April 2022. Covers vaccination, testing, PPE, staff movement and considerations specific to care homes including visits.
Hospital discharge and community support guidance. Sets out how health and care systems should support the safe and timely discharge of people who no longer need to stay in hospital.
- 1 April 2022**
Guidance published on living safely with respiratory infections, including COVID-19.
Testing for anyone working in adult social care who is not part of regular testing at work - test with LFTs every day before you start work. Withdrawn on 5 April 2022.

